

HOLIDAY GIFT GUIDE 2015





HO HO HO!

Our fourth annual staff gift guide is here! Our crew has picked our favorite items for the year. Come on in and ask for our shopping advice. We can speak from personal experience and help you find the perfect gift!

Enjoy checking out our favorites!



THEY ARE GOING TO ♥ YOU

Ultimate Direction Ultra Jacket

This waterproof jacket is perfect for all your outdoor adventures, rain or shine. It's lightweight, breathable, and it even packs into itself! New this season, it's been our best seller! It comes in grey for men and purple for women. - Dan



Hillbillies Trail Camp Looking for a gift for the runner that has everything? Look no further because Hillbillies Trail Camp is back for 2016 and is going to be bigger and better! This Spring we are heading to Orcas Island for a weekend of some of the most beautiful and challenging trail running in the country. We'll have runs of multiple lengths, yoga, film showings AND we'll be joined by a member of the North Face Endurance Running Team! Seriously it's going to be the weekend of a lifetime and it doesn't hurt that the runner in your life will forever be indebted to you ;-). - Drew

FOR THE LADIES



Lole Action Top It's beautiful, cozy, and warm. It's perfection for our Winter. I love the insulated (puffy) front, the soft fleece inside, and the kangaroo pocket. Whether it's for a run or to go about town, this will make a lady REALLY happy. - Andrea



Oiselle Moto Lesley Tight These are an awesome update to your basic running tight, I can't get enough of these flattering, secure-feeling tights! Their light fleece lining keeps me warm during my runs or while I'm grabbing a coffee between classes. - Quinn



Moving Comfort Juno Bra After years of dealing with poor fitting sports bras, the Juno has dramatically increased my comfort during my workouts. This bra does a great job of providing maximum support, even during the most rigorous of workouts. - Emily



FOR THE GENTS



Nike Element Sphere Half-Zip This is definitely the gift for the special guy on your list. This is a true crossover piece, so whether running, climbing, biking, or just going to grab a cup of coffee, this top will look and feel great. I feel like you can never have too many 1/2 zips. This one's a winner for sure! - Brian



Patagonia Merino Lightweight Crew

I know what you're thinking, "it's a long-sleeved top, big whoop." Yes, it's a long-sleeved top but it's also the perfect gift! Think of it like a modern take on the holiday staple gift-the wool sweater, a functional and totally different modern take. It's extremely lightweight, which makes it a perfect stand-alone on cool days but is also perfect to layer under a jacket (maybe a Patagonia Houdini??) for our rainy winter days. Plus it's merino wool, so it helps regulate your body temperature and most importantly doesn't hold on to odor. Super, super functional - and looks great to boot! I'm not kidding when I say it is my favorite top, I have two of them. - Drew



HOMETOWN PRIDE



Run Seattle, Run Local Tees Why would I ever want to own a shirt with “Run Seattle” on it, I live here? Well, go on a road trip to Arizona, New Mexico and Texas and you’ll be talking up your hometown the whole time as locals want to know how you ended up so far from home.- John



The Seattle Technical Trucker Hat

Man, we love this hat. Let us count the ways:

1. Features Seattle skyline, Space Needle, and Mt. Rainier
2. It's a trucker hat, which all the cool kids are wearing
3. It's technical. Yes, you can run in it! - Andrea



BE MERRY & BRIGHT

Nathan Visibility Bundle

Speaking as a parent, this is a great gift to give your runner son or daughter. You can rest assured that you've provided them with some very cool and highly visible nighttime gear. This is the stuff that people tend not to buy for themselves but truly appreciate receiving as a gift. And it comes pre-wrapped in it's own gift bag! - Brian



Petzl RXP Headlamp 90% of my running happens at night. Well maybe not that high but Strava would show over 50%. For that I trust my Petzl RXP Headlamp. 215 lumens, Reactive Lighting technology, and even USB rechargeable. Several models with increasing lumens available from Tikka + to Tikkina 2 to Tikka R+. - John

TOUCHES OF FLAIR



Oiselle Lux Runfinity Scarf Let's be honest, no one *NEEDS* this scarf, but a lot of people would *LOVE* this scarf. The Lux fabric is buttery smooth and feels like a little luxury snuggling your neck. This is one of my favorite fabrics. - Andrea

Saucony Swift Headband & Arm Warmers Both of these accessories come in this super soft and reversible fabric. Some days you may feel like stripes and others polka dots. Either way, it makes a gal feel cozy & cute. - Andrea



Amphipod Microstretch Belt Need a place to store your phone when you're out on a run? How about your keys or ID? Look no further. This belt stretches to four times its original size to accommodate all of your essentials, run after run! - Dan



FOCUSING ON TRAINING

Garmin Forerunner 230 & 630

Garmin has just released their new models of GPS watches. They have everything you need to get the most out of your run. Pair with the new Garmin Connect app and IQ app store, these watches will continue to grow with features. Having run with them myself, they are amazing products and a perfect gift for your techy runner. - Chris



Addaday Type A Every single runner needs one of these. Logging the miles is only half the battle. You need to keep your muscles loose and happy. Unless you have the luxury of everyday professional massage, you need the Type A to keep the machine tuned up. - Brian

Training Program Know someone who is looking to get more active in the New Year? Maybe that someone is you? We have a training program that can help you reach your goals, from getting active to finishing a longer distance race. This really is the gift that keeps on giving, programs range in length from 6-weeks to 12-weeks. Join us! - Andrea

STOCKING STUFFERS



Features Merino Socks Wool is wonderful, especially merino wool! These socks fit amazingly and you won't ever want to take them off once they're on. They are breathable, soft, and keep your feet healthy and happy. - Dan

Stance Crew Socks As someone who kicks their ankles when they run I'm a huge fan of these stylish crew length socks. They keep my feet and ankles in check as I jump in puddles or mud during everyday Washington adventure runs!! - Caroline



Amphipod Hydraform Jett-Lite 20oz

Updated earlier this year with new expanded storage and new Jett-Squeeze cap, this handheld bottle is my go-to source for hydration. A full variety of styles including 12oz, 20oz, thermal and strobe will fit any condition you throw at it. - John

IT'S THE LITTLE THINGS

Gu Salted Watermelon Gel & Roctane Lemonade Gel

This gel combination powered me through two big PRs at the Chuckanut 50K and Highlands Sky 40M trail runs this year. Alternating between each gave me a little sweet when I needed it, a little salt when I craved it, and a little caffeine to keep me alert. - John



Foot Rubz Massage Ball This ball is the simplest answer to all your plantar fasciitis problems. Having struggled with PF for several years, I have yet to find a more effective way to massage my feet. This ball is a perfect stocking stuffer for the runner in your family. Give the gift of endless foot massages! - Baxter

.....and if you still can't decide, you can't go wrong with a **Fleet Feet Giftcard**. Might just be the perfect stocking stuffer!



THANK YOU!

We love our work, and it's because of all of you! As you wrap up the year, we wish you a season of fun and fitness, and an awesome and healthy 2016!

Thank you for choosing to run, walk, train, and play with us, all while shopping at our family store. We feel truly thankful to be a part of your holidays!

From our family to yours,

Brian, Andrea, Jack, & Amalia Morrison
& The Crew: Baxter, Caroline, Chris,
Dan, Drew, Emily, John, & Quinn



FLEET FEET
Sports
SEATTLE

